



## Prayer | 1 Thessalonians 5:16-18

1. If you had to explain what prayer is to someone who has no concept of prayer what would you say? What Bible verses would you turn to for help?
2. If prayer is simply talking to God each day, why do we find it so difficult sometimes and what are the excuses we find to put prayer off?
3. Paul mentions three types of prayer - rejoicing, praying and thanksgiving. Which of the those three do you find easiest? Most difficult? Why?
4. Why do you think Jesus disciples asked him to teach them to pray? What can we learn and put into practice from the Lord's prayer? Luke 11:1-4
5. Why is prayer, connecting often, with our Heavenly Father so important for us? Why does Paul say it is God's will for us in Jesus Christ? V18. How does this shape our understanding of the importance of prayer?
6. Read Acts 4:23-33 What part did the prayer of the church play in this story? What can we learn about the importance and benefits of prayer for the church today?
7. In what ways could you cultivate the habit of praying without ceasing in your own life this week? How about as a church?
8. Read Philippians 4:4-7 & 1 Timothy 2:1-5 what do these verses teach us about prayer? Share personal experiences of times when you have known peace that passes all understanding as a result of prayer. Take the opportunity to pray together now as Paul encourages us to do.



What did you discover about God in this passage?  
What did you discover about people in this passage?  
How will you commit to obey this passage this week?  
With whom will you share what you have learned?

