

FAMILY PRAYER ACTIVITY



BIBLE READING

James 1:17

'Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens.'

PRAYER

Dear Lord,

Thank you for the many blessing you give us every day. Help us always remember that you are near and you are always listening to our prayers. Be with us now as we bless each other.

Amen

ACTIVITY

Bubble Blessings:

Get out the bubbles and say that they represent the blessings of God, that is, all the good things in our lives. If you do not have bubbles you could make the 'Bubble snake' and use it for this activity.

Talk about the good things in our lives, and help them to think of concrete and abstract things, for example, home, friends, food, family as well as strength, joy, peace, love, courage.

The person who is blowing the bubbles is the 'blessing blower' and take it in turns to chose someone to blow the bubbles and who to receive the bubbles. Before they blow encourage them to pause for a moment before they blow and just ask God to give them ideas of things He wants to bless this person with, then to blow and say any good things which come into their head.

'Here are some of the things that God blesses you with'health; safety; family; friends; good sleep; wisdom; joy; peace; rest; knowing God is near and forgiveness.